## FELLOWSHTP CHRISTIAN SCHOOL ELEMENITARY SOCCER



## FCS JR PALADIN SOCCER PROGRAM League Four; 4th \& 5th Grade

League Four is an intermediary league. Its objective is to help players develop soccer skills and understanding of the game. In addition, coaches should provide an enjoyable atmosphere and help players develop good sportsmanship, teamwork, leadership, and team spirit.

1. All teams will have a maximum of 10 players. 6 Games will be played.
2. All teams need to meet before each game/practice to pray. (keeping in mind social distancing)
3. All games will be on Saturdays.
4. A 60 minute practice will be held during the week.
5. The season will consist of 6 regular season games and 2 playoff games with a league Champion determined after the final Championship game.
6. Before the game the referees will delegate who has the honor of praying.
7. Soccer balls will be size four (4): Each team will have a few balls for practices/games.
8. You can have a total number of 7 on the field at any one time ( 6 players and 1 goalie), this league will have a goalkeeper. (Six and a goalkeeper)
9. Each player shall play a minimum of $50 \%$ of the total playing times, unless the player is unwilling or unable. Coaches will be responsible for keeping track of playing time.
(If there is a complaint or discrepancy please email greg.mayhue@fcspaladins.org)
10. Teams may be co-ed for this league.
11. Free kicks are always indirect meaning they must hit another player before going into the goal.
*Note: If a foul is committed inside the goal box the following free kick will be moved outside of the closest side of the box (either left or right) and still be indirect.

## Equipment:

1. Footwear: Tennis shoes or soft-cleated soccer shoes.
2. No baseball cleats are allowed.
3. Shin Guards worn under long soccer socks are mandatory, under no circumstances can the shin guard be exposed.

## Duration of Game:

1. Length of game will be $2 \times 25$ minute halves ( 50 minutes in total)
2. There will be a 5 minute half time
3. Every 5 minutes there will be a 30 second stoppage of play for substituting
4. At the end of the 30 second subbing period the whistle will be blown and the clock will be started.

## Referee:

1. This league will have referees who are current or former students at Fellowship Christian School.

## Other:

1. Teams are expected to switch ends of the field when taking the field for the start of the second half.
2. Opposing coaches and players should shake hands (or Elbow Bump) after each game.
3. Goalkeepers: goalkeepers will have a 10 second time frame from when they have control of the ball to putting it back into the field of play, failure to do so will result in a loss of possession. (Field players cannot try to prevent the goalkeeper from releasing the ball)
4. League standings and scores will be recorded by the referees.
5. Parents and anyone who is not ACTIVELY playing in the game DO NOT have permission to interfere with the game for any reason. (ie Distracting referees, yelling derogatory things at players of either team, throwing things into the playing area, etc.)
6. Coaches are to make sure their players are getting equal playing time and to assist the referees in maintaining order within their respective teams. Coaches may ask for rule clarifications, RESPECTFULLY challenge calls, and speak with the referees. At no time should a player argue or yell at a referee, this will result in a 5 minute penalty.
7. Spectators are there to enjoy and encourage the activity of players and their teammates.

They can NOT argue calls, distract referees, or yell derogatory things at players of either team.
8. Players are to have fun in a safe way and are tasked with following the referees instructions at ALL TIMES.

If a coach or parent has an issue with a referee or player and they are encouraged to come to the onsite admins Greg Mayhue or Christian Heid.

## Game Rules

FIFA laws of the game will be observed.

