Spring Baseball Rules and Information

Coaches,

A couple points and info on the rules:

Players will recieve jerseys and hats prior to the first game, if you are missing a jersey (possibly due to a player registering late, it will need to be ordered so please reassure the player/parent of this).

For the first week, if you would like to have a few more minutes of practice time this week that will be fine and we can adjust the game duration, just communicate with the other coach your intention so everyone is on the same page.   Otherwise, practice will be 30 mins and the game will be 75 mins.

For the game, since the league is a combination of coach pitch and using a tee, the coach is going to have the discretion as to what’s best to keep the flow of the game going.  For the first couple of weeks if you feel that having the player hit off the tee to start – that is fine.  If you want to give the player pitches – that is fine.  To help with the flow, each batter will get 5 “swings” this can be a combination of coach pitch/tee utilization.  Please have a coach behind home plate serving as the catcher and to facilitate putting the tee back and forth. Let me know if I need to clarify this further but it should be straight forward.

With the game being 75 mins, therefore allowing for more innings (hopefully), we will have the format as 3 outs or when the hitting team has cycled through their line-up (whichever comes first).  There will be an arc 10 ft. off of home base, the ball must pass the arc to be a fair ball.  There will also be a half moon outline around the pitching rubber, although you do not need to stand in that to pitch the ball, the player designated as the pitcher must stand in the space until the ball is hit.  All players can be in the field while the opponent is hitting, you can determine if you’d like to have a player play in the catchers role (although we do not have catcher’s gear for them).

There will be 1 - 2 umpires helping to facilitate the game and keep score, they are there to help you and your other coaches and the teams.  One of them will keep track of the game time, we will not start a new inning if there is less than 15 mins left on the clock and I will have them keep you informed of this.

For the practice time, to help make it easier for the you, on a normal gameday the teams will have 30 mins of practice – the first 15 mins will have the home team in the cages and visiting team on the field, teams can switch for the last 15 mins (this will have the home team on the field already to start the game).  If you’re in the cages working on hitting and want to use some space in the outfield as well, feel free as there should be enough space.

PLEASE NOTE: with construction taking place on the baseball field we DO NOT have use of the batting cages. Therefore, teams will need to alternate between the outfield and infield for their practice time.